

## Social Services Resource Guide

### IN-HOME CARE AGENCIES

#### **Cupertino**

Matria Healthcare

(408)973-7818

#### **Fremont**

Infinity Nurses Care

(510)713-8892

Nursing Resources

(510) 745-7878

Professional Home Care

Associates

(510) 797-9299

Visiting Angels

(510) 656-1206

Warm Springs Home Health

(510) 490-6988

#### **Hayward**

Coram Healthcare of

Northern California

(510) 732-8800

Crescent Health Care

(800) 824-8400

Critical Care Systems

(510) 670-1384

Horizon Home Health Care

(510) 690-0903

St. Clare's Home Health

(510) 887-4400

Tender Loving Care

(510) 608-0730

#### **Palo Alto**

Older Adults Care

Management

(800)750-4111

#### **Redwood City**

Matched Caregivers

(650) 321-2273

Neighborhood Nursing Care

(650) 365-3645

Professional Home Care

Associates

(800) 919-8090

#### **San Carlos**

Lotus Home Health

(650) 622-9092

Walgreens Home Care

(650) 551-7020

#### **San Francisco**

American Care Quest

(415) 885 - 9100

Arcadia Health Care

(415) 255-2880

Baker Anderson Christie

Home Health Agency

(415) 674-0590

Bay Area Care Team

(415) 753 - 0275

Crossroads Home Health

Care & Hospice

(415) 682-2111

Health at Home

(415) 452-2100

Hospice by the Bay

(415) 626-5900

Incare Home Health Services

(415) 673-8989

On Lok Senior Health

Services

(415) 292-8888

Self Help Home Care &

Hospice

(415) 982-9171

Seniors at Home

(415) 449-3777

Stat Home Health Agency

(415) 673-9791

#### **San Jose**

Asian American Home Care

(408) 283-5100

Comfort Hands Healthcare

(408) 441-0522

Gentiva Health Services

(408) 452-1224

Interim Healthcare

(408) 943-9441

Maxim Healthcare Services

(408) 244-2271

New Vision Home Health

Care

(408) 725-1840

Pacific Home Health

(408) 971-4151

Prohealth Home Care

(408) 451-9055

St. Joseph Home Health

(408) 244-5488

Tender Loving Care

(408) 271-1600

Visiting Angels

(408) 977-1133

Visiting Angels

(408) 253-2055

#### **San Mateo**

Maxim Healthcare Services

(650) 432-0110

Nursing Services

(650) 364-7652

#### **Santa Clara**

Care at Home

(408) 615-1021

#### **Sunnyvale**

Pathways Hospice

(408) 730-5900

Valley of Hope Home Health

Agency

(408) 733-8808

Visiting Angels

(408) 735-0977

## PLACEMENT AGENCIES

A placement agency will provide assistance with locating an appropriate placement. This includes assisted living facilities, residential care facilities, independent living communities, and nursing facilities. There is usually no fee for their services.

### Stegner Registry

[www.stegnerregistry.com](http://www.stegnerregistry.com)

(650) 365-1884

(415) 407-5570

### Senior Seasons

[www.seniorseasons.com](http://www.seniorseasons.com)

(877) 373-6467 Toll Free

(650) 851-5284 Local

### Elder Link

[www.elderlink.org](http://www.elderlink.org)

(800) 613-5777 Toll Free

### Senior Care Connection

(866) 239-CARE

### Baker Registry

[www.bakerregistry.com](http://www.bakerregistry.com)

(408) 738-1178 San Jose – Sunnyvale

(650) 941-2740 Los Altos – Palo Alto

(650) 343-2156 San Mateo County

### California Registry

[www.californiaregistry.com](http://www.californiaregistry.com)

(800) 777-7575 Nationwide

## CAREGIVER SUPPORT

Avenidas Senior Center, Palo Alto

(650) 289-5433

Aging and Adult Services – San Mateo County

(800) 675-8437

Council on Aging Silicon Valley

(800) 510-2020

Family Caregiver Alliance

(800) 445-8106

## DISEASE AND DISABILITY SUPPORT

Alzheimer's Association

(800) 272-3900

American Amputee Foundation

(510) 666-2523

Better Hearing Institute

(800) 327-9355

National Hospice & Palliative Care Organization

(800) 658-8898

National Parkinson's Foundation, Inc

(800) 327-4545

Parkinson's Institute

(408) 734-2800

## DRUG AND ALCOHOL TREATMENTS

### Alcoholics Anonymous

East Bay

(510) 839-8900

Santa Clara County

408-374-8511

San Mateo County

650-577-1310

### Narcotics Anonymous

San Francisco Area

415-621-8600

San Jose/Santa Clara Area

408-998-4200

## FOOD AND NUTRITION

Meals on Wheels – Santa

Clara County

(408) 961-9870

Meals on Wheels – San Mateo County

(650) 323-2022

## FREE AND LOW COST CLINICS

### East Palo Alto

Ravenswood Family Health Center

(650) 330-7400

### Menlo Park

Arbor Medical Clinic

(650) 853-8672

Willow Clinic

(650) 599-3890

### Mountain View

Mayview Community Health Center

(650) 965-3323

RotaCare Free Clinic, El

Camino Hospital

(650) 988-8200

### Palo Alto

Mayview Community Health Center

(650) 327-8717

### Redwood City

Fair Oaks Medical Clinic

(650) 364-6010

Samaritan House

(650) 839-1447

### San Jose

RotaCare Free Clinic, Santa Clara County Medical Center

(408) 885-5000

### San Mateo

Samaritan House

(650) 347-1556

Santa Clara County Medical Center

(650) 573-2222

## GRIEF COUNSELING

Kara

(650) 321-5272

**HEALTH INSURANCE  
SERVICES**

HICAP – Health Insurance

Counseling & Advocacy  
Program

(800) 510 – 2020

Social Security and Medicare  
Eligibility

(800) 772-1213

Medi-Cal

(800) 753-0024

Medicare

(800) 841-1602

**HOSPICE**

Hospice of the Valley, San  
Jose

(408) 947-1233

Pathways Home Health and  
Hospice

(888) 755-7855

**ACUTE REHABILITATION  
FACILITIES**

This list provides you with  
some options for acute  
rehabilitation facilities in the  
Bay Area.

**Santa Clara County**

Good Samaritan Hospital  
Rehab at Mission Oaks

(408) 358-5689

Santa Clara Valley Medical  
Center Rehab

(408) 885-2032

**San Mateo County**

Mills Peninsula Rehab

(650) 696-4921

**San Francisco County**

CPMC Regional Rehab

(415) 600-5474

St Francis Rehab

(415) 509-7892

St Mary's Rehab

(415) 750-5932

**Alameda County**

Alta Bates Herrick

(510) 204-4406

Fairmont Hospital Rehab

(510) 667-3283

Laurel Grove Rehab

(510) 727-2755

Valley Memorial Rehab

(925) 373-4183